

## Long Live the Elderly Program - Core actions



1. Universal contact with the over 80s dwelling in the target area



2. Active monitoring (reaching out the beneficiaries)



3. Agreement with the local administration to access the register of the over 80s



4. Assessment of frailty to define the intervention extent and intensity



5. Drafting of an individual care plan for "fragile" cases in collaboration with care-givers and in general with people close by the frail person.



6. Mapping of the environment in which the frail person lives (at least a visit at home possibly in the first six months of assistance)



7. Presence of the neighbourhood operator, who knows and is known in the area



8. Establishment of a network in the neighbourhood (neighbours, family members, shop keepers, etc.)



9. Direct relationship with public social services and / or health services (in particular with the GP)



10. Research and creation of alternative solutions to permanent hospital admissions in nursing or rest homes.